



Studying and Preparing for a Test

Preparing for a test:

- Be prepared to learn each day.
- Pay attention in class.
- Take good notes.
- Ask for help.
- Highlight important information in your notes after the lesson is taught.
- Review your notes on a regular basis.



The day of a test:

- Get plenty of sleep the night before.
- Eat a good breakfast.
- Review your notes and homework one last time.
- Bring all necessary supplies to school: pencil, pen, reading book

During the test:

- Relax, take three deep breaths, and show what you know.
- Take your time.
- Use your highlighter.
- Show your work.
- Do the easy questions first. Skip the difficult questions. Go back and do the ones you skipped.
- Think positively. Tell yourself, “I have studied and I know this stuff! I will do well.”
- Multiple Choice Tests:
 - Cross out answer choices that are wrong.
 - Mark an answer for every question.
 - Be careful to bubble each answer in the right place, and fill in each mark completely.