

Newell Barney Middle School

Physical Education, Fitness and Dance Syllabus

“Believe – Achieve – Succeed”

MISSION

It is our mission to provide a dynamic program of **movement** that will develop the physical, social, and emotional well-being of each student.

COURSE REQUIREMENTS

School-issued Physical Education uniforms and athletic shoes are to be worn each day during class unless otherwise noted by the teacher. Athletic shoes are required to be tied and secured around the ankles. Don't forget socks. Uniforms can be purchased in the library for \$15.00 per set.

Remember to put your name on both your shirt and shorts.

GRADING

Students earn 10 points a day for their level of participation, attitude, and respect. Points will be deducted at the teacher's discretion for various reasons, including but not limited to: Dressing Out, No Shoes, Gum, Etc. Additional points may be earned through skill testing, fitness testing, written tests, presentations, and other academic work. All grades can be seen on synergy. <https://qc.apscc.org>

A=100-90%; B=89-80%; C=79-70%; D=69-60%; F=59-0%

DRESSING OUT IN THE SCHOOL-ISSUED UNIFORM AND CORRECT SHOES IS REQUIRED

Students who are not changed out will lose 10 points and be required to complete a written assignment during class. Upon completion of assignment that student will earn 5 of the 10 points back.

After 3 non-dresses in a quarter, students will lose all 10 daily points.

A POSITIVE ATTITUDE

No Whining, No Drama, or Negative Attitude.

An honest and complete effort in all activities is expected. Students are “required” to participate in ALL activities. Students may not leave the instructional area without the teacher's permission. **This is considered “Ditching”.**

IN CASE OF AN ILLNESS OR INJURY

A written note from parents or guardian is required PRIOR to class for the student to be excused from participation in that day's activity. Any illness or injury that requires more than three days of exclusion from activity requires a doctor's note. All notes are to be dated, include a contact number and date of return to activity.

MAKE UP DAYS

Students are responsible for taking home and completing a Physical Education make-up form for absences. These forms must be taken home, signed and returned to the teacher within one week of returning from being absent. The make-up form can also be accessed on the [NBMS Physical Education Google Site](#)

FITNESS ASSESSMENT

It is our goal to instill the knowledge necessary for our students to develop and maintain a healthy active lifestyle throughout their lives. In order to achieve this we will use a variety of assessment tools including but not limited to the fitness gram, the Presidential Fitness Test, and BML.

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DISCIPLINE AND FOCUS

SAFETY IS OUR NUMBER ONE PRIORITY! For the safety of all the students and the quality of the program, students who are disruptive or interfere with the positive classroom environment will be subject to the following in no particular order:

- Warning
- Sitting Out
- Alternative Activity
- Sent to an Administrator.

In the event of a student being removed from class, a parent or guardian will be contacted.

The consequences for misbehaving when a substitute is in charge of the classes are as follows:

- Loss of class points
- A possible phone call home

SCHOOL-ISSUED LOCK AND LOCKER

Students are issued a school combination lock and assigned a locker. Students are responsible to LOCK up their belongings and are instructed to not share their combination with anyone.

***DO NOT SHARE YOUR LOCK COMBINATION WITH ANYONE
FOR THE SECURITY OF YOUR BELONGINGS!***

DAMAGING SCHOOL PROPERTY OR EQUIPMENT

There is a no tolerance policy for intentionally damaging school property or equipment. The consequences of damaging property or equipment may include:

Removal of the student from the Physical Education class for a time to be determined and possible referral.

CONTACTING THE TEAM

We look forward to working with you and your child / children. In that spirit we encourage you to contact us through e-mail when needed. Thank you for your cooperation and support.

Teaching at Newell Barney from the beginning: 2008-2009

Catherine Miller

Eric Pilon

Kyle Olson

cmiller@qcusd.org

epilon@qcusd.org

kolson@qcusd.org

[NBMS Physical Education Google Site](#)

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N.B.M.S. PHYSICAL EDUCATION DEPARTMENT IS NOT RESPONSIBLE FOR ANY LOST OR STOLEN ITEMS. STUDENTS ARE GIVEN A LOCK AND A LOCKER LOCK IT UP!!!!

THERE WILL BE ZERO TOLERANCE FOR USE OF PHONES, SPRAYS, AND LOTIONS. PHONES WILL BE CONFISCATED AND TAKEN UP TO THE OFFICE. A PARENT WILL NEED TO COME PICK IT UP. DO NOT BRING YOUR PHONE OUT TO PE.

Note: If a student does not meet locker room rules and expectation, their locker privileges may be taken away.

P.E Syllabus Signature Page

**We have received and reviewed the course syllabus for
Newell Barney Middle School
Physical Education, Fitness and Dance Classes.**

Return to your teacher by Friday, August 2, 2019

PLEASE LIST ANY HEALTH CONCERNS: i.e. Asthma, Diabetic, Heart, Etc.

ATTACH DOCTOR'S NOTES IF NEEDED

Parent's Signature _____ **Date** _____

PARENT CONTACT INFORMATION **PLEASE PRINT**

Student's Name _____

Parent's Name _____

Daytime Phone _____ **Cell Phone** _____

Home Phone _____ **E-mail Address** _____

Teacher's Name _____ **Hour** _____